

ESSINGTON RUFC

NEWSLETTER

March 2026



Function Room For Hire

 essingtonrufc@gmail.com

 @essingtonrugbyclub

 [essington_rugby_club](https://www.instagram.com/essington_rugby_club)

SAVE THE DATES!

MAY 2026

-  **Friday, 1st May: Dinner & Awards Night**
-  **Saturday, 2nd May: Mixed Touch Tournament**
-  **Sunday, 3rd May: Chairman's Day**

ESSINGTON RUGBY CLUB

MORE INFO COMING SOON!

MONDAY'S

Senior Men's Fitness
Training
20:00-21:00

WEDNESDAY'S

Senior Men's Contact
Training
19:30-21:00

THURSDAY'S

14+ Mixed Touch
Training
20:00-21:00

SUNDAY'S

14+ Junior
Training
10:00-11:00



FRIDAY 6TH MARCH @ 7.30PM

Max Team of 6
£2 per person

Plus an **item** for the Black Country Foodbank

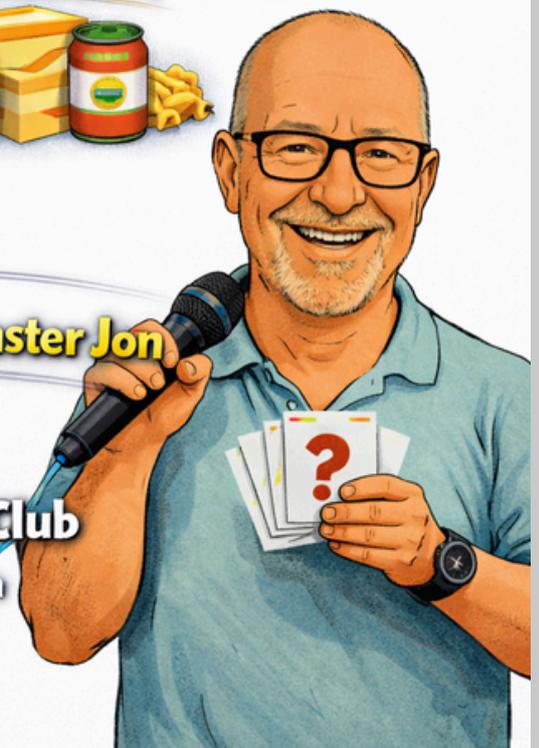


Hosted By

Essington's Quiz Master Jon

Essington Rugby Club

High Hill, Essington
WV11 2DW



Need more info??

Contact us via social media
or essingtonrufc@gmail.com



Essington Parish Council, with Essington Rugby Club

EZZ FEST

STALLHOLDERS WANTED

SIGN UP NOW!

GAMES STALLS FOOD VENDORS CRAFT STALLS

30TH MAY 2026

REGISTER YOUR INTEREST!

ESSINGTON RUGBY CLUB,
HIGH HILL, WV11 2DW
11:00 - 16:00



Ezz Fest 2026 – We Want You!

Essington Rugby Club & Essington Parish Council are looking for stall holders and caterers for Ezz Fest 2026!

Join us for a massive day of music, performances, and community fun.

Saturday 30th May 2026

Essington Rugby Club, High Hill

The Details:

- Indoor Tables: £20
- Outside Plots: £30
- Catering Pitches: £50
- Charities: FREE

Ready to book? Fill out the form linked below to register your interest. No payment is taken until your spot is confirmed.

<https://shorturl.at/ZTZEg>

As part of hosting, the club is providing volunteers for the day, including:

Marshalling around the event - Running the bar - Helping with the BBQ

We need your support to make this a success! If you're able to help, please put your name down [HERE](#) and let us know what you're happy to assist with. Every pair of hands helps, and it's a fantastic way to get involved, support the club, and have fun on the day.



1911
C A F E

Telephone
01922 408900
07958 788911

Email
hello@1911cafe.co.uk

Website
www.1911cafe.co.uk

Find us on Social media: search [@the1911cafe](#)

Essington's local community café and proud sponsors of Essington RUFC
Serving quality hot and cold food and drinks and open for you

MONDAY – FRIDAY

9am - 3pm

SATURDAY

9am – 2pm

CLOSED SUNDAY

Essington Community Centre
Hobnock Road, Essington WV11 2RF

Tree Planting

This time last year the rugby club and Friends of Essington worked with people from the Forest of Mercia to plant over 1000 trees, to create 'The Jones- Nicklin Wood'. This is situated behind the car park and the aim is to create a woodland to enrich biodiversity & encourage the local wildlife. Unfortunately, the dry summer has meant that some of the trees have not survived. With this in mind Paul, from Friends of Essington, has obtained replacement trees, which we need help to plant. Can you come on Sunday 8th March @ 9:30.....bring a spade and maybe a friend to help!



RUGBY TRAINING

Thinking of trying rugby or getting back into the game?

Essington RUFC welcomes everyone!

Whether you're an experienced player or you've never touched a ball, we want you to come and give it a go.

Come and be part of the team!

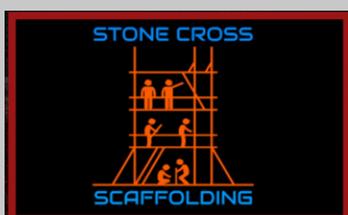
Essington RUFC Seeks Media Team Volunteer

Essington RUFC is looking for a creative and enthusiastic individual to join our Media Team!

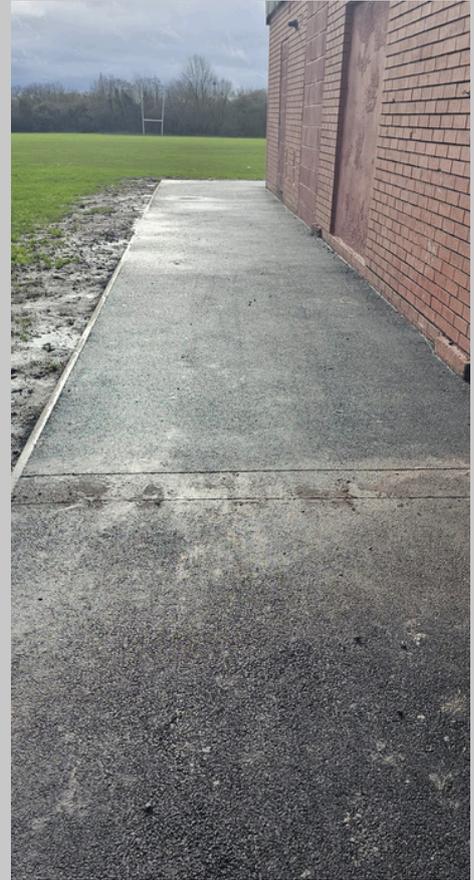
We're seeking someone who can help us produce engaging social media posts, share match updates, celebrate our players and teams, and raise the overall profile of the club across all platforms.

If you have an interest in media, marketing, or content creation—and want to get involved in your local rugby community—this is a great opportunity to gain experience and make a real impact.

 Interested? Get in touch with Phil Breakwell, our media guru and Vice Chair.



Accessibility Project Update



We're excited to share that the upgrade to the path around the club is finished complete with a new ramp! This project also includes 2 new accessibility parking spaces at the front (**please note: this is for Blue Badge holders only**), extra storage in the new cupboard for the bowls mats, tables & chairs, and a fully accessible toilet with baby changing facilities.

A huge thank you to everyone who made this possible:

Dave B for securing the grant that funded the project

Josie, who has done an incredible amount of cleaning to keep the club running smoothly, with help from Rhi.

Mike C, who has been visiting nearly daily to check everything is on track. He has set a challenge...what important item is missing from the accessible toilet??

There's just a little snagging left to complete, but this is a fantastic achievement for such a small club — one that truly has a big heart!

Vets Tournament

Essington RUFC is heading to the Willenhall RUFC Veterans Tournament! 🏆

📅 Sat 4th April 2026

👉 Over 35? Can you play? Are you free?
Contact us at essingtonrufc@gmail.com



MAKE A DATE IN YOUR DIARY
Friends of Essington
&
Essington Wombles
Great British Spring Clean

**PARISH OF ESSINGTON
A COMMUNITY EVENT
IN ESSINGTON CENTRAL
Taking place at 9-00am till 11-30
Saturday 14th March 2026
Meeting & starting from
Essington Scouts & Guides HQ
Brownshore Lane**

If you have 'hi-vis' jacket and a litter picker please bring them with you.

Equipment can also be supplied, just come along in suitable shoes and clothing to help clean up our patch.

If you can help, we would welcome your support.

For more information call Jon Hanson 07725 623449

Essington RUFC is teaming up with Friends of Essington to help keep our community looking its best! 🌿

We'll be litter picking the area around the club on Thursday 14th March.

If you can spare a little time to help, come along to the club and join in — every pair of hands makes a difference.

Let's show some club pride and do our bit for the village! ❤️

Mike once found a £10 note while litter picking!!



HILTON MAIN CONSTRUCTION LTD



Election of the Staffordshire RFU Council Member

The current Staffordshire RFU Council member, Michael Procter, has reached his maximum term to sit on the RFU Council. This position is now up for election within Staffordshire. We were approached by Becky Davies, who is well known to the club, who asked us to second her application, which we have done. The nominations for election have been confirmed and along with Becky Davies there is Mike Bezus and Becky Williams. Watch this space for who is elected.

WHAT IS AN RFU COUNCIL MEMBER?

The Council consists of 62 members typically serving three-year terms.

'An RFU Council member acts as a key representative for local Constituent Bodies (CBs) and rugby clubs, driving policy, passing regulations, and monitoring the RFU Board on behalf of the game. They act as a vital communication link, conveying grassroots feedback to Twickenham while acting as ambassadors for the RFU's policies and strategic goals.'



Engine Room – Learn the Dark Arts of the Tight Five!

Games aren't possible without the front five — the heart and muscle of every rugby team!

Playing in the front row (prop) or second row (lock) takes immense physical strength, technical skill, and a serious work ethic.

Front rowers bring short-area power and hold the scrum together.

Second rowers combine that power with height, timing, and mobility for lineouts and open play.

If you're the kind of player who loves a challenge and wants to learn the dark arts of the tight five, this is your moment.

👉 Come down to training and find out if you've got what it takes!

At Essington RUFC, we play together, grow together, and celebrate together.

**One Club,
One Family.**



Balls

A BIG thank you to Paul, Josies friend, for the money to purchase 2 new match balls



Pitches

We have had a visit from Todd Harrison who is the Regional Pitch Advisor (Rugby Union - Midlands). Todd came to the club to do a survey of our pitches.

The Performance Quality Standard grade for both pitches has been calculated as BASIC. This grade has been given due to the overall grass coverage for the pitch being below the 60% threshold. Reduced grass cover will negatively affect the pitch quality throughout the rest of the season.

A summary of the report:

Our pitches take a lot of wear and tear from training, matches, and events, so regular care is essential to keep them safe, playable, and looking good all year round.

1. Relieve compaction

Heavy use can make the ground hard and uneven, affecting drainage and increasing the risk of injuries. The pitch should be aerated twice a year (spring and autumn) using specialist equipment to loosen the soil and let air and water reach the roots. This helps grass grow stronger and the surface stay softer.

2. Regular slitting

To keep the soil healthy, the pitch should be slitted about once a month (or every 4–6 weeks). This improves water movement, prevents flooding, and helps new grass take root. The more often we aerate, the better the grass will grow.

3. Repair bare areas

Bare patches can appear from heavy use, weed control, or dry weather. These should be overseeded with perennial ryegrass, which is tough, fast-growing, and ideal for rugby pitches. Aim to overseed several times a year — especially after heavy play or dry spells — and make sure seed is worked into the soil to help it germinate.

4. Keep it consistent

Good pitch maintenance is a year-round job. By keeping on top of aeration, seeding, and light maintenance, we'll have safer, greener, and longer-lasting playing surfaces for everyone to enjoy.

This also applies to the training area. So the club has to put together a Pitch Maintenance Plan and assess what finances are needed.

Miss Playing Rugby? Want to Get Involved in Rugby? Try Mixed Touch!

Do you miss rugby but don't want full contact rugby?

Or are you looking for a fun way to get fit or just socialise?

Then mixed touch rugby at Essington RUFC is for you!

Open to anyone aged 14 and over, our mixed touch sessions are inclusive, fun, and a great way to enjoy rugby in a relaxed environment.

This summer, the team is gearing up for the Staffs Touch Series, so now's the perfect time to get involved!

Come along, join the rugby family, and enjoy the game in a friendly, social setting.



What's On at Essington RUFC

SOCIALS CALANDER

AT ESSINGTON RUGBY CLUB

<p style="font-size: 1.5em; font-weight: bold; color: yellow;">6TH MAR</p> <p style="font-weight: bold; color: white;">QUIZ NIGHT</p> <p style="font-size: 0.8em; color: white;">Essington rugby club quiz night 19:30</p>	<p style="font-size: 1.5em; font-weight: bold; color: yellow;">14TH MAR</p> <p style="font-weight: bold; color: white;">LITTER PICK</p> <p style="font-size: 0.8em; color: white;">Litter pick to help the Friends of Essington Spring clean 9:00</p>	<p style="font-size: 1.5em; font-weight: bold; color: yellow;">22ND MAR</p> <p style="font-weight: bold; color: white;">Player & VP Dinner</p> <p style="font-size: 0.8em; color: white;">Current Essington players get to know VP Members 12:30</p>	<p style="font-size: 1.5em; font-weight: bold; color: yellow;">11TH APR</p> <p style="font-weight: bold; color: white;">Last Home Game</p> <p style="font-size: 0.8em; color: white;">Essington RUFC take on Trentham 2nd's in the last home game of the season. 15:00</p>
<p style="font-size: 1.5em; font-weight: bold; color: yellow;">25TH APR</p> <p style="font-weight: bold; color: white;">LAST LEAGUE GAME</p> <p style="font-size: 0.8em; color: white;">Essington RUFC take on Whitchurch 2nds in the last league game of the season. 15:00</p>	<p style="font-size: 1.5em; font-weight: bold; color: yellow;">1ST MAY</p> <p style="font-weight: bold; color: white;">DINNER DANCE</p> <p style="font-size: 0.8em; color: white;">Essington RUFC Dinner Dance, 3 course meal, awards night 19:00</p>	<p style="font-size: 1.5em; font-weight: bold; color: yellow;">2ND MAY</p> <p style="font-weight: bold; color: white;">INTER CLUB TOUCH TOURNAMENT</p> <p style="font-size: 0.8em; color: white;">Essington host a club inter mixed touch rugby tournament. 12:00</p>	<p style="font-size: 1.5em; font-weight: bold; color: yellow;">3RD MAY</p> <p style="font-weight: bold; color: white;">CHAIRMANS DAY</p> <p style="font-size: 0.8em; color: white;">Essington celebrate the season with one final game. 12:00</p>

Super Saturday at Essington RUFC – All 3 Men's Six Nations Games!

 IRE	Aviva Stadium 14:10 	 SCO
 WAL	Principality Stadium 16:40 	 ITA
 FRA	Stade de France 20:10 	 ENG

Get ready for a full day of rugby action! All three Men's Six Nations games will be live at the club for Super Saturday 14th March.

The England game will be shown in the Lounge bar — grab a seat, a drink, and cheer on the boys! 🏴󠁧󠁢󠁥󠁮󠁧󠁿🏉

#SuperSaturday #SixNations #EssingtonRUFC #RugbyFans #ClubAtmosphere #WatchLive

🌐 Check Out Our New Website!

We're excited to announce the launch of the new Essington RUFC website:

www.essingtonrugby.co.uk/ 🎉

A huge thanks to Phil for all the hard work and dedication he's put into developing this fresh, easy-to-use site.

Explore the latest news, fixtures, training info, and everything about our rugby family — all in one place!



#EssingtonRUFC #NewWebsite #RugbyFamily #ClubNews #VisitUsOnline

No quiz champions this month! 🙄

We noticed no one took on the challenge — show us you're reading and take a shot at this month's quiz!

Which country has won the most Rugby World Cups?

Answers to essingtonrufc@gmail.com - winner gets a free drink at the club

Have Your Say — Help Shape Our Club's Future!

At the heart of our club is a committee that's passionate about rugby, about our players, and about the community we represent. We're always working hard to make sure our club has a strong future — but we know the best ideas often come from you.

Right now, we have one senior contact team, a growing mixed touch and we're putting real effort into developing junior rugby by going into local schools and introducing the next generation to the game we love. But we want to do more — and we want to hear your thoughts.

- 👉 What do you think the club needs to grow?
- 👉 How can we attract new players and supporters?
- 👉 What ideas do you have to help us develop and thrive?

We'd love to hear your suggestions — big or small — and if you can, include a possible solution alongside your idea. Every bit of feedback helps us plan, improve, and make sure our club remains a proud part of our community for years to come.

✉️ Send your ideas to essingtonrufc@gmail.com — we're listening!

FIXTURES FOR MARCH

Saturday, 07 Mar 2026

Aldridge  **15:00**  Essington
— VS —

Saturday, 21 Mar 2026

Essington  **15:00**  Newcastle (Staffs) III
— VS —

Saturday, 28 Mar 2026

Telford Hornets II  **15:00**  Essington
— VS —

Support our Sponsors

Say you saw them advertised at Essington rugby club - Online, give them a 👍, comment, or tag — It all shows them their support really matters!